



MAMAS

WORKSHOP STILTS / PUPPETS



PROPOSAL OF WORKSHOPS IN CONNECTION WITH THE MAMAS SHOW

Public : from 6 years old

Preparation time : 30 min

Number of artist trainers : 4 people

Duration of the workshop : 4 hours (1 group of 12 people every 30 min)

After the performance, the artists of MAMAS will lead a convivial time of discovery of the techniques used in this show. **The majority of the stilt walkers in this show are or have been pedagogues in circus arts.**

The stilts will be a playful opportunity to change one's point of view while testing one's sense of balance; while the manipulation of the puppets on the ground will allow to work on the precision and expression. Perhaps the more experienced will be able to combine the two ?

TECHNICAL CONDITIONS :

Minimum surface area :

5 x 10 m for stilts. Double in case of a stilt/puppet workshop. Flat and non-slippery ground. Lawn welcome if it hasn't rained.

Ideally with 2 poles or trees in order to stretch a strap that will serve as a hook in the air for the practitioners

Equipment to be provided:

2 practice boards or 4 stable tables and 12 chairs.

Equipment to delimit the workshop area (fence, tape...)

We provide the stilts and all the protection material.